

Hungerford Environmental Action Team August/Sept News

Pair of ladies spectacles (pink) found at June Farmers Market - e mail me to collect.

What's On

Green Drinks Thurs 1 Sept 8pm The Plume of Feathers Hungerford

Informal drop in social event to meet others interested in the outdoors, the environment, gardening etc. First Thurs of each month.

HEAT Guided Walk Sun 4 Sept Meet 10 am Town Hall steps

Social circular walk of approx 6 miles out to Froxfield then over the hill to Littlecote via footpaths. Short stop for tea or coffee only at Littlecote (over 16's only, I'm afraid) and back to Hungerford for about 1 to 1.30pm. As always, please check the weather forecast and dress accordingly. Jane 07986 653543

Eco- Buildings Open Days 8-11 Sept

See how others have eco-renovated or built low energy buildings. Properties open to view in Hungerford, Brightwalton, Hamstead Marshall, Hampstead Norreys, Newbury and Thatcham. For details of the properties and their opening times click [here](#)

The 'Green Deal' is the Government's ambitious plan to make huge energy efficiencies to the UK's housing stock. The Eco-buildings open days event is an excellent way to see how your property could be refurbished and how you can benefit from the Feed in Tariffs and the proposed Renewable Heat Incentive.

HAHA / HEAT BBQ Sunday 18 Sept 2pm at Marsh Lane allotments

Plate of food £5, please bring your own drinks, tables and chairs. Anyone welcome, you don't need to have an allotment, the more the merrier ! Tony 07590 555877

HEAT Community Allotment Plot 72, Marsh Lane Allotments Tues eves 7pm

Join us growing veg on our community plot. No experience necessary, no commitment, no cost. Just turn up, bring tools if you have them. Beginner gardeners and new allotmentees welcome or just pop by for a cuppa. Suz 07791 155084.

Dates for your diary :

Hungerford Farmers Market Sun 25 Sept Aug 9-1

HEAT Guided Walk Sunday 2 Oct Meet 10 am Town Hall steps

What's in Season Now

Aubergines, beetroot, courgettes, courgettes, mangetout, radishes, runner beans, spring onions, salad leaves, main crop potatoes, raspberries, strawberries, plums and did I mention courgettes ?

Cooking

If you're looking for ways to consume / disguise courgettes there are lots of recipes on the [HEAT web site](#) and also on the [bbc recipe pages](#)
Try this delicious [green bean pate](#) or check out this web site [dedicated to green beans](#).

What to do in the Garden

Harvest : beans, carrots, cauliflower, cabbage, cucumbers, main crop potatoes, salad leaves, spring onions, radishes, beetroot, tomatoes, plums and autumn fruiting raspas.

Sow end Aug / Sept : radishes, winter varieties of lettuce and winter hardy spring onions eg winter White Lisbon. Sow green manures to feed and protect soil overwinter. [Info on green manures here](#)

Plant out spring cabbage plants. Cut back old canes of summer fruiting raspas to ground level. Tie in/support any new shoots as they will be the fruiting canes next year. Cut off pea and bean plants when they have finished producing but leave the roots in the ground as they have nitrogen nodules attached which will feed the soil.

Storing spuds : dig up early in the day and rinse or brush off mud. Lay out in the sun for a day to dry them. Only store the good ones as one bad one can spoil others. Hessian sacks or other natural breathable material is best. Store them in a dark dry place, checking regularly for

any decay. Try planting French beans as a green manure to replace nitrogen where you've taken the spuds out - you'll also get some dinner. As your pumpkins or squash grow, elevate the fruit on upturned flower pots to stop them getting damp and yellowed from the soil.

Local Village Markets

Inkpen 3rd Sunday of each month 10-12.30

Hamstead Marshall 2nd Saturday of each month 10-12.30. Game, Christmas Farm meats, pastries, chutney and cake !

Marlborough 2nd Saturday of each month 9.15 - 1pm Veggies, local meat, Bedwyn bakery bread, cakes galore and a cafe.

Newbury 1st and 3rd Sunday of each month www.tvfm.org.uk